

## TRANSCRIPT

File Name: S-LAC-EP-91-Vanping-Pt2.complete

Duration: 00:06:52

[Intro]

Well, hello once again everybody. This is Robert Raymond Riopel, your host of Success Left a Clue, the weekly podcast where I get to give you lots of tips from things I learn from traveling around the world coming to you for Episode #91 from right here still in Sao Paulo, Brazil.

Just finished getting all my meetings done with coaches and teams, prepping for a major event that starts tomorrow and actually in about 9 hours will be hitting the stage and getting ready to transform some lives. So I want to get another one or two podcast recorded before I crawl into bed tonight. And I just finished doing episode #90 which was called "Vanping," which is van camping. I decided this one is going to be Vanping Part 2 on how simplicity leads to creativity.

So in case you didn't listen to the last episode, to give you an idea, I'm down in British Colombia in Canada and I travelled down with my wife and couple of our pets to go to a very close friends' wedding. On our way back we decided, spur of the moment, just to stop and go camping. But we didn't have our regular RV. We didn't have a tent. We didn't have anything with us. So we decided to camp in our van; hence vanping and we made it work.

So we don't want to eat in restaurants, we don't want to get take away food. We knew we wanted to cook our meals well in the van. We wanted to be able to do things and just get back to the roots. That is what I've talked about in the last episode. While we're there and just enjoying and three days have turned into four then into five, all of a sudden another lesson hit me and I had to take my phone out, write down it down so that I can record it.

You see here we are, not only are we back to our roots but because we only have our van and we are sleeping in it with an air mattress that takes up the whole back. We picked up a few supplies to make it work. We had to really get creative. And the simplicity of being in a camp ground, it had power, but what are we going to plug in. We didn't have anything to plug in so that's fine.

So we had to think, how are we going to cook our meals? Actually we aren't allowed to have a camp fire because of extreme heat conditions and a lot of forest fires going on in British Colombia. They have a fire ban on so we can't cook our meals over that. So, what are we going to do? We started really getting creative.

I thought about that, I'm like isn't this life? When we are getting stressed out or things aren't working out for us, there is a possibility that we are making things way too complicated. Are we looking at it instead of looking for the simplest way around? Taking that step, four or five steps back and taking a look at the situation from a different perspective, a different point of view and asking ourselves, "What's the simplest way we can do this?"

Because I can make a prediction ladies and gentlemen. If you do this, I am interested in knowing what the results are. If you are to take a look, step back and look at a situation, how many times in our lives do we struggle simply because we've made it way too complicated? That's what I'm talking about. This to us is a huge lesson.

For example, we want to go down to the creek and it's really rocky down there and we don't have lawn chairs, so what do we do. Well, I asked someone if I could borrow some; rent some. From that, I met a really good, nice person who happened to be one of the people that work there; she's a full time person. And all of a sudden, she just happened to be caught with electrical problems and having to

uproot her whole RV which is actually almost permanently set in place and moved it to another location. So, we helped out. No attachment, no nothing. She ended up forgetting to rent us the lawn chairs and we weren't going to attach that this was a condition because we helped you out. So without it, what else can we do? Easy! We took a blanket down. We found a way to make some rocks comfortable so I can lay because I wanted to read and my wife wanted to sun and tan. So we were able to make that work.

We took the simplicity of the situation, didn't overcomplicate it and we got creative because that's exactly what you do. When life gets too complicated, we're the ones probably making it that way. So step back, take a look, notice what happens, come from a new perspective and you may just be surprised. This is one of the reasons I love going camping. But as I mentioned the last podcast, for the last 19 years I had a beautiful RV that we do most of our camping in but this was a great reminder of simplicity. I am now using that in everything I do. What about you? Utilize it. Move forward with it and watch what's possible.

So a short, little quick one for this episode, episode #91, I would love it if you would go, find our podcast and not only tell your friends to subscribe but leave us a review. Leave us a rating. Help us start popping it up on the iTunes board. I'm going to educate myself in what they use for it as well as the other services. I'm such a Mac person or an Apple person. That's no excuse; I've got to get caught up on that. So give us a review, give us some ratings. We would love that.

Remember if you haven't read my book yet, *Success Left a Clue*, definitely do that as well. If you want to find out more great information, go to the website with the same amazing name, [sucsleftaclue.com](http://sucsleftaclue.com). And always, remember always live with passion and we will see, or hear, talk to you, whatever on the next episode.

[Outro]