

## TRANSCRIPT

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[Intro]

Hello! And welcome to Success Left a Clue, the weekly podcast where, I, your host Robert Raymond Riopel take all the lessons I see and all the experiences that I have from traveling around the world in transforming lives. Everyday things that I notice, I turn them into lessons or clues around success and then I use this podcast as my way of delivering them to you on a daily basis or weekly basis I guess.

I said daily because I am on a roll right now. This is actually the third episode I'm recording today because I go right back to one of my very original podcast, one of the very original clues I gave people, which is write it down. When an idea comes to you, don't take chance that your memory's going to remember what it was. Just instantly write it down. I'm constantly grabbing my phone. As a matter of fact, if I'm on a plane or I'm walking, I'm at home, if an idea strikes me, I pull out my phone. I pull out my notepad and I just write it down. That way I can forget about it. I can let it go. Come back later and all of a sudden, the next thing you know, I have 2, 3, 4, 5 different podcast titles, possibilities, I can record.

And then, while I'm traveling like I am right now, I can sit down when I have some space. And instead of just doing one at a time, I can do 2, 3, 4, 5. And just really get into that role and have fun. So this is Episode Number 85, which is titled the Law of Attraction. And why it is like ordering from McDonald's. And probably when you saw that title, that may have caught your interest and maybe that's the reason you decide to click on this title.

So hey, if you're a regular listener, thank you. If you're a new listener, enjoy and listen to the other episodes because I always have fun doing what I do. And so, let's talk about why the law of attraction is like ordering from McDonald's. It's a lesson that I learned a while ago from a colleague I've worked with. And I haven't seen him in a few years and just a couple weeks ago, I was actually teaching and leading a very powerful five day program in California. And I had the privilege and I am going to say it's a privilege because this particular training, I was surrounded by some of my colleagues that are some of the most amazing, in depth trainers on this planet.

And this leads to a very specific piece to really help people go deep in their lessons on this training. So every day I'm going around and I'm watching and listening to the different pieces that you're teaching. And I happen to be there when he was doing a pre-brief, this one gentleman and all of a sudden, it was a lesson I heard from him years ago. But all of a sudden, he was into that part and it was like that one handed clap right between the eyes. Palm right between the eyes. Like oh yeah. I remember this lesson. And I forgot about it even though I know and I use it but it just brought it back to the forefront of my mind.

And he's talking about why people struggle, why people struggle with really attaining what it is they say they truly want in their life. The way he explained it was pretty funny because he talks about how people who are very spiritual or religious, they pray and they'll put their hands together and they'll be like, oh please Lord... Amen. And they'll say their prayer and they'll say it kind of quietly. It's just that they kind of mumble it. Or maybe a person is into meditation so they'll get in position and they'll be like... And they'll do their meditation, they'll set their intentions and at the end, it's like... Again he said, you said it and do it in quite way and you set your intentions. Do it that way. And he said it's interesting because where he used to have an office it was right across the street from McDonald's. And you would see people pull up to the drive thru.

And he said, he would listen to him and what's interesting and from watching and listening people go through the drive through, he all of a sudden got it that the true law of attraction, there's four very critical steps that a person must really actually utilize all the time to be able to get what they want in life, to really attract what they say they want in life through the law of attraction. He says, notice that when you pull up to that drive through and you get up to the speaker, all of a sudden, you roll down your window and they go, "May I take your order please."

And all of a sudden, you go from being that quiet person and he was like, "I like to order a hamburger, large fries and a coke." And they really kind of yell that out to make sure that the person can understand them. And that's the first step, a law of attraction. You must state your intention clearly, clearly, Clarity equals power. Notice how precise, hamburger, fries, coke. It wasn't like I'd like to have I think I want... a hamburger would be nice, maybe a hamburger I don't know. I haven't decided. And that's the way most people do their intentions. They don't state it with clarity. Hamburger, fries, coke. Very, very clear. Step number one.

Then step number 2, notice what you do as soon as you finish placing your order. They ask you to pull forward. So you pull forward to the next window. And that is the second step of the law of attraction. You must move towards your goal. You've got to go towards what it is you want. The law of attraction people think it's just about attracting to them but it's not. You've got to go towards it so that as it's moving towards you, you're moving towards it. You're actually putting out the energy. You're anchoring in the energy that this is something that is important to you so you've got to move towards your goal.

So first step state your intention clearly. Second step, move towards your goal. Step number three, you get to that window and they ask you to pay and you will gladly take the card machine, put the card in the chip or you'll hand them cash. You'll gladly pay for your order. And that's step number three ladies and gentleman. You must be willing to exchange something, energy, for what it is you say you want. You have to be willing to exchange, make an exchange for what it is you truly say. Instead of having that entitlement it should just be given to me. No. There must be an exchange for the value.

So with McDonald's example, you're paying them money. You're gladly willing to pay them money to get your food. I want to be a trainer. I was willing to put in the study. I was willing to travel around watching my mentor so I could learn from him. I was willing to do whatever it took to be able to create the reality that has allowed me today to travel around the world doing what I love, teaching people. That's step number three.

So step number one, state your intention clearly. Step number 2, move towards what it is you want. Step number three, be willing to make an exchange of energy, of some form of energy for what it is you say you want. And then step number four, they hand you your order and you receive it. So you must be willing to receive. Would you ever go through the drive thru at McDonald's, make your order, pay for your food, pay for your order but then when they go to hand it to you, you go, "No, no. I don't want it."

Of course not. You paid for it. But yet people aren't willing to receive the blessings that come their way on a daily basis. So step number four, you must be willing and open to receive the gifts, receive the blessings, and receive what it is you asked for. It may not look exactly like you wanted it. But you still are open to receiving. Because if you're not, all the greatest intentions in the world, all greatest actions in the world, the exchange of energy going towards it, will mean nothing if you're not willing to receive it.

So that's it. That's why the law of attraction is like ordering from McDonald's. Plain and simple. So I hope you get the lesson. I hope you enjoyed it. This is Robert Raymond Riopel. Go out there. Say your intentions clearly. Move towards what you want. Be willing to make an exchange of energy for what you

want and then be willing to receive it. So thank you for listening. I appreciate it. This is Episode Number 85. Check out my website, [successlefta clue.com](http://successlefta clue.com). We actually have the transcripts of every podcast there. And check out my book if you haven't done that either. And remember, always live with passion. Talk to you on the next episode.

[Outro]