

## TRANSCRIPT

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[Intro]

Well, hello and welcome once again everybody to the weekly podcast called *Success Left a Clue* where I take a few moments and I just go over a nugget of gold, a gem a clue that I witness in my day to day life. Now you can utilize it in yours.

So of course, my name is Robert Raymond Riopel and I am your host. And today is a special day. This is episode number 52. Wow! 52 weeks, 52 episodes, a whole year of these clues coming in the form of a podcast.

So I'm just blown away. The response we've been getting that has been 52 weeks. I look forward to doing another 52, then another 52, another 52. I am having a blast. People tell me they are getting a lot from it. Just appreciating people who share it, who tell people to listen to it, and to the downloads we are getting.

So thank you everybody for being a loyal listener. And as always, if there are things you like to know about or learn about, just let me know. Send me an email. Send me a message. Let us know and we will do what we can to get that into a podcast.

Alright. Let's dive into today. If you notice on the podcast, it has kind of an interesting name to it. *Eagle Focus and Determination*. Like what the heck does that mean? What could that mean?

Of course, I always have these ideas, number of different ideas, and I was deciding which one do we make as our 52<sup>nd</sup> episode to finish the year of, our first full year of doing these.

And I was going through my list of the different things because, of course, I follow one of my rules, one of my clues, which is write it down. Whenever I am in my day to day life something hits me, I grab out my phone, pull up my notes and type it in under podcast topics. Because that is where these, like it can be 5 minutes, 10 minutes, can be 15 minutes, they come from that. It's just what is it that I want people to know about? And so, I write it down.

And I was looking at this list of all the different ones I had. And as soon as I read this one, I went yup, that's it. *Eagle Focus and Determination*.

So in one of my earlier podcasts, I talked about eggs in a basket. Put all your eggs in one basket and take really good care of that basket. And one of the big keys to that is that if you are so scattered, you got so many things on the go:

- A. You could not give it a 100% of your time.
- B. It is easy to get overwhelmed and get burned out.

And so, one of the things that we did recently is I took, we were gone for basically almost a whole month. My wife and I, we went camping. Part of the time was with family and part of the time was on her own with our four legged babies, Diego, our little dog and Gracie May, our pet pig.

And we went to Northern BC to a place called Kitimat and it is a beautiful place for doing salmon fishing. The Kitimat river this year alone, if you get there the salmon run coming up on that river alone in a few month period over 2 million salmon would swim back up to spawn and to breathe.

And so, we went up there and the first we could have for there, there was about 15-20 of us off and on of different family who were camped out, lots of time by the fire, just enjoying life and were fishing.

Most of the time it was really rainy, pouring rain and we were pulling in fish like crazy and we were just having a great time. And there was just this one day we were out in the river, we're casting, we're fishing and because of where we are and because of lots of salmon, there were lots of eagles around.

There was even this one family of eagles where there was a mother and the father and they had 2 babies that were learning to fly, that were getting coached. It was just like an everyday talk about a stunning view to be able to see this and witness on a daily basis. Well, every once in a while, if you are blasting up, you would see them dive down and grab a fish, right out of the water and that is kind of what happened on this one time.

This eagle flying around and all of a sudden, you see it going to its dive and it hits the water and it grabs the salmon and it may not even be like a pink salmon, which was small, which we were catching. I have a feeling it must have been a bigger one like a coho, which fight like crazy because in the other times we would see this eagle come down, it grab it and it fly off with the fish in its claws in the way it go.

Well this time, the eagle hits the water and starts flapping to take off again and all of a sudden it is not taking off. It's like flapping like crazy and it is still hooked, it's got its talons hooked into a fish and it's going down the river because this fish is not giving up. This fish is fighting. And so, the eagle, you talk about determination on the fish part that took determination on the eagle part. It was like the eagle was walking on water floating down the river.

Sometimes its feet going a little deeper, sometimes coming up almost gets the fish out, it's flapping like crazy. The fish has not given up. It must have gone I would say 2, 3, 400 feet down the river not giving up on either parts, eagle or fish. Before the eagle was able to finally get lift off, get the fish out of the water and you still saw by that time I could not tell if it was a pink or a coho. It was so far down.

But finally, the eagle got it lifted up and out of the water. And I looked at it and I am like what a lesson, what a lesson for life when it comes to your goals, when it comes to your dreams, when it comes to your passions, you've got to have that tenacity. You've got to have that focus, that determination. Because what would have happened if the eagle just land or hit the water, grabbed with the talons onto the fish and at the first wiggle, because it wasn't focused, all of a sudden, well, focused, it wouldn't have found the fish. It would have missed it completely off the mark.

If it wasn't focused, it wouldn't have gotten the talons sunk in. The fish would have wiggled it, they would have been gone. And the determination that even with a little bit of upset, the last episode I just recorded, why do you have to be so rude. People they look at your dreams and they might try to tell you why it is not possible.

If you don't have determination, you are going to believe it, you are going to buy into their crap, which has nothing to do with you. It has everything to do with them. And you are going to stop, you are going to quit. You are going to give up. You are going to let go. But because this eagle was so determined, it was able to finally eventually achieve the dream it wanted, the goal of getting that fish.

And because of that, it landed and its family, the mommy eagle and the baby eagles or maybe it was a mama eagle that got it or daddy came along, I don't know. I don't know how to tell the difference. I am not going to assume it was the male that did the fishing.

So the rest of the family joined and they had a fantastic meal and that is life right there, ladies and gentlemen. You go for your goals. You got to be focused. You got to be determined. You got to be tenacious. Once you lodge on, and you are absolutely committed to the journey, don't let go. Hang on with everything you have and ride it all the way until you get it to that dream, to out of the water, to where you want, to the results that you want. Don't let other people take you away from it. Don't let your belief, well if they are negative, hold you back. You go for it, stay focused, and stay determined.

So that's it. That is today's lesson. Eagle Focus and Determination. Again, the 52<sup>nd</sup> episode. One year down. Episode number 53 will be a whole brand new year of podcast. And I know which one I am going to do for that. Actually, I am going to tell you a secret. I am going to record it as soon as I finish this one because I am on a rule. Today is just a day of getting clues out from here in my hotel room in Hanoi, beautiful day. I am going to go for a walk a little bit.

Right now though, I am staying focused, I am staying determined, and I am committed to getting a few more episodes so that they are in the queue so that we can keep delivering them no matter how busy my life is. I appreciate each and every one of you for being listeners, downloading, sharing, all that.

From my heart to yours, always live with passion. Have an awesome day. And I will talk to you on the next podcast. Thanks everybody!

[Outro]