

Welcome once again everybody, to Success Left a Clue, this is Robert Raymond Riopel, and this is episode number four-zero, Episode number 40.

And it has been a while, and probably just a few episodes since I've done one, integrating, having a song as our theme for the episode. I've decided it's time to do another one. Because another beads of inspiration hit me about success and what happens for people as they go towards success, that may be kind of sidetracks them or knocks them off track or holds them back from actually going for what they really want. And because of that, also a song popped into my head, that I'm going to use as the catalyst for this episode, so go ahead, and listen.

[Music playing]

Yes, one of the things I love about music is there's always a meaning behind it, and there's a meaning behind this one. Because I love all genres of music, I listen to all types of music. And when I do that, I get and I listen for those lessons in everything. Just like one of the clues I give out. One of my clues is: In everything you do, make sure you're looking for the lesson. Look for the lesson in everything you do, because there's a lesson there.

And lot of song that are written, the artist write them because there's something going on in their life, and so, Eminem, Marshall Mathers is another, his name, Em-in-em. You look at his life, how he skyrocketed to success and when he did, all of a sudden, that success went to his head. He didn't have the kind of support to help him through it. Or another example of that, is someone by the name of, Canadian singer, that some of you might recognize, by the name of Justin Bieber. Here he is at eighteen, making 70-80 million dollars a year, without the proper way of handling it, being taught to him, and so what do they do? They go a little crazy with the money.

And so here's the cool thing, sometimes people have that kind of instant success, that huge success, it crumbles them, it takes them down and they end up self-destructing. Some of them handle it well, some of them goes through the phases. For if you look at Justin Bieber, you look at Eminem, they both went through some huge down swings, where they end up getting to a lot of trouble, going through a lot of drugs, lot of partying, things like that.

One of the things they both have in common, if they were both able to come through it. And I don't know if they had people supporting them to help them do it or if they finally just had enough, something inside them clicked and 'this is not the way I want to live'? And also their work, their artistry went even deeper from that point.

So a couple of really great lessons here. One, we all have monsters under our bed, we all do. And so yes, success may bring them to the forefront or may bring them up to the surface and depending on how deeply rooted they are, or depend on how much they affect us.

And so that's where the questions come in, what kind of support system do you have around you. What kind of friends do you have surrounding you to be able to assist you to get through this? This times that might be tougher. For both Eminem and Justin Bieber, they've come through it. And now they're producing even deeper meaning songs, greater songs. Going to even greater success than they had ever imagine.

But now they're doing it even more, on an even heel. Sure they still have excess in a lot of areas, because that's their personality, but those inner demons, that monster under the bed, has been kind of put at bay. Not by trying to get rid of it. Not trying to think it doesn't exist. But actually coming to the understanding that it is part of them. And instead of trying to resist it, as on Star Trek, the Borg will say: 'resistance is

futile.' They learned to live with it, to flow with it. How to be able to manage it, handle it, work with it, instead of against it. And that's the biggest difference right there.

Let me bring up another example that just popped into my head while I was going through this. We're going to go out of music and we're going to go into acting. And if, one of the biggest actors that I love is deep work, Robert Downey Jr. And if you look at it again, at a young age, he had huge stardom and it almost cost him his life because of also the partying, the drugs and the alcohol that he went into. And it's because, again, that demon, that monster under his bed, he was trying to think, it's not there, it's not going to take me down, I, battling against it.

But then, coming back to the words that Eminem says: 'No, I'm crazier than you think, but I'm ok with that. I'm ok with that.' When Robert Downey Jr. also decided that, I'm ok with it, this is not the life I want to have, I'm going to come back to an even keel. I'm going to let my brilliance shine, I'm going to work with my monster, that's inside of me, that's under my bed. Look at the Sherlock Holmes movies, the brilliance in what he does in those movies. Look at the Ironman movies, the brilliance of what he does. He is who he is. And so he's allowing that gift to come out.

Alright, so some of you might be asking right now, alright Robert, how does this pertain to me? Well let's bring it back. Every single one of you listening to this podcast right now, has a monster under your bed. And so, are holding yourself back from success because you're afraid to let it out? You're afraid of what people might think of you? Well all of that fear, all of that resistance isn't doing nothing more, than allowing you to grow in strength, to fester, to come up full circle to you. So how do you deal with it? Well, acknowledge it's there. Acknowledge that you're no different than anybody else, that you're just the same. In that, if you give yourself a support system, surround yourself with amazing people in your life. You can take one step at a time and be able to handle the success that comes your way.

There's going to be times, you're mic will off a little deep end, and that's ok. There might be times where you think you're crazy or people will think you're crazy and they don't approve of what you're doing. Be ok with that.

Remember one of the things I tell people all the time, my personal belief, one of the greatest gifts that you can give to this world, is to be yourself. Be authentic. Be authentic. Some people are going to like you, great, some people aren't, great. You have no control over that. The only thing you can control with that monster under your bed, is whether you're true to yourself. And the moment you become true to yourself, that's when that monster loses its power. That monster falls in beside you and also now, you go to another level.

I hope this is making sense, I hope this is helping. And I want to finish this episode off, by saying, what a great song. In my opinion, listen to music, this is one of the reasons I listen music, is to get those lessons. Because if you do, you may just find, you get more than you anticipated.

So for episode number 40, Robert Raymond Riopel signing off. Always live with passion.