

TRANSCRIPT

File Name: SLACEP35MakeADecision

Duration: 00:09:11

[Intro]

Welcome once again everybody to the podcast Success Left A Clue. This is your host Robert Raymond Riopel and this is Episode No. 35. Another episode that I was excited and looking forward to getting out to you.

Now, you're listening to this podcast and I don't know when you listen to it. I don't know if you listen to them in order, once a week or bunch and bunch of them together. For me, I'll end up going on while I'm doing my work outside, I'll just listen to episode after episode of my podcasts from all the people I love to follow.

So however you're listening to it, so they're posted and this is actually put out a week a part from each other, but I'll let you know I've actually just finished recording Episode No. 34. And I'm now doing Episode No. 35 right away.

Here I am, I'm sitting in my office. I've got my Yeti microphone in front of me with the spit card in front. My computer is running and everything is making look professional. If someone was to watch me, they would almost think I know what I'm doing. Yeah, I can make it look like at new things that I know what I'm doing. But I'll tell you, like everybody else, I learn just by doing it.

And today's episode has a special meaning to me. Because as I travel around the world, people are always asking me: "Robert, why is it that I'm struggling? Why is it I'm having issues in my life?" And I give a lot of different answers. But there is one answer that seems to come up again and again and again. And because I noticed that, I decided to again I pull up my phone using that clue of write it down and I decided to say, "Here is what I need to do a podcast on."

And that is what today's episode is all about. I tell people all the time that I'm not here to be someone's friend. I'm here to be your best friend. This is why the 3 Rs: keeping it real, keeping it relevant and making it repeatable. I'm not here to candy-coat things. And so, one of the reasons I believe that people love to listen to my podcasts and were getting all these downloads, we're getting all this people that are leaving us comments, sending me emails and all that. It is because of the fact that I am keeping it real. And so, that's what I'm going to continue to do with this one.

Before I jump into it, I'm going to do a follow up and say I hope, from Episode 34 on gratitude, I hope that you're now, if you don't listen to this back to back to back, but you're actually listening to them with the amount of time in between. I'm wishing and I'm hoping and I'm praying that you actually have started to do your gratitude journal, and you're actually doing something. You're writing down 5 things a day that you're having successes or gratitude that you have for that day. I hope you've started it like we talked about on the last podcast.

Let's get into this one. The topic for today is a very, very important one like I said. People wonder why they struggle and I tell people all the time, "You need to make a decision." And they are like, "Well, Robert, I don't know. What if this? What if this?" And this is kind of where it comes to. Struggle does not come from making decisions. The reason people struggle is because they are indecisive. Indecisive.

So that is why I tell people not only do they have to make a decision, but once you make a decision, then you follow through it with unwavering focus and determination. That's it. That's it. Right there! And it may sound like it's simple like "Robert can't be that simple! What do you mean by this?"

Well, let me explain. So indecision is what causes pain. Hesitation is what causes pain. But also, it's when people, it's not before the decision, it's also after the decision. People will make a decision and they start second-guessing themselves. They start, "Oh, I don't know. Really? Should I?" And they start going through that whole process. But the moment you make a decision and then you put all of your faculties, you put all of your focus and put all of your effort in the direction of following through on that decision you made, watch what happens.

It comes to an analogy that I've used on stage a number of times. It's just like a rocket ship that is about to launch into space. You better believe that every single one of the propulsion jets, every one of the rockets is faced in the same direction, to move it forward, up towards space because if even one of those is slightly off, facing in a different direction, you're going to have disaster. And that's what happens with people's decisions. They make the decision but then they waver on it.

So that's it ladies and gentleman. Make a decision. And then, as part of your decision, go into that warrior that your word, your decision is law, follow through with it. Commit to yourself that you aren't going to be unwavering, that you are going to be focused, you're going to have determination one step at a time. And again, a little bit of a clue is that that success comes one step at the time.

Once you make a decision, one of the reasons people get wavering on it and indecisive about even their decision and second-guessing is because they get overwhelmed. So remember, success comes one step at a time. So once you've made the decision, instead of looking at the final thousand steps ahead of yourself, bring yourself back to where you are, bring yourself back to being in the present and ask yourself, "What's one step I can now take in the direction of going through and following through on the decision?"

Then take that step. Once you do, checking with yourself, "How am I doing?" And then, take another step, checking with yourself and take another step, checking with yourself and take another step. And one step at a time, move with tenacity and unrelenting, unwavering focus towards it. Unrelenting, unwavering determination towards it. And watch what you will create. Also, watch what will happen with the people around you.

See ladies and gentlemen, when you make a decision and the people know that you're going for it, then they will end up, not only moving out of the way to allow to go towards your decision, even naysayers, people that out of love and protection will try to tell you why you can't do it or why you shouldn't do it; they will quit doing that and they will actually follow in beside you to help you go in the direction you want to go towards. It's really, really cool when that happens. So, as I said, today's episode, Episode No.35, make a decision, then follow through on it.

So I hope that helps. And again, thank you so much for being a person who listens to my podcasts whether this is the first one that caught your attention or you've been listening to a number of them, from the bottom of my heart I feel grateful and I am in gratitude every single day that people are listening, people are downloading. It makes my heart glad.

So wrapping this one up, always live with passion and we'll have you on, we look forward to you listening to the next podcast. You're awesome.

Have a great day everybody.

[Outro]