

TRANSCRIPT

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Welcome everybody! This is Robert Raymond Riopel coming at you again. We have Success Left a Clue. This is episode #29. And I'm coming to you from the beautiful Bangkok right now. Sitting in my hotel room, getting ready to start an amazing 3 day event tomorrow morning. Got the students lined up. They're ready to learn, ready to have their lives transformed. Talking about beautiful Bangkok reminds me of a song, I'm not going to break into the song of One Night in Bangkok, but I think for those of you who are old enough, you remember that song.

And yeah, hey Bangkok! I have been blessed since 2012 when I came out of retirement, I've now been here about 9, 10 times over the last 5 years and beautiful people, beautiful language, beautiful country. Not only been able to be in Bangkok, but I also been able to be in Phuket as well in Thailand. And it's just always, I always look forward to coming here because there is always something to learn. That being said, let's get into today's podcast.

And in today's podcast, we're going to start with a theme song. It's been a few episodes since I've done one so I figured, especially coz this lesson hit me today. It is time to start with a theme song. So I am going to play this song by a person, I am going to give you a little idea who it is, I am going to tell you about this person. She is what I will call a triple threat in the industry. Coz not only is she an amazing dancer. That's what she started off being known for but then she's also an amazing singer and she also is an amazing actress. So she is a triple threat. She can dance, she can sing, and she can act. Her name is Julianne Hough. She kind of rose to fame initially in TV series called Dancing with the Stars.

The moment I heard her songs come out, I end up instantly downloading all her album. It is on my playlist. Love to listen to it. But there is this one song, in particular, that we are going to use today, a portion of today to set the context for our lesson. So lesson closely, here it is. I will be right back to you.

[Music playing.]

Excellent. And so, the name of that song by Julianne Hough is called Help Me, Hel You. And that is the theme of episode 29. One of the things that you can find, when you talk about success leaving clues, that there's clues to follow, it's interesting you could want to help this many people as you can, whether through your business, whether a brick and mortar business, or helping your family or helping just people in general. One of the interesting things is a lot of business owners especially people who want to help family, they're banging their head against the wall. Do you mean to help someone? And as the saying goes "You can lead a horse to water, but you can't make it drink."

And so, some people just aren't ready to be helped. They've got to want to be helped before they're going to be willing to accept that help. And I'm going to turn the tables on those of you listening to this episode right now as well. This applies to you. Remember in episode number 28, I was talking to the amazing gentleman, Andre Norman about how entrepreneurs, most of them end up being solopreneurs. And you put yourself into, you actually convict yourself, you can place yourself in solitary confinement. And he was talking about on the last episode how to release yourself from the prison of your business. And solitary confinement, one of the reasons most people and I want to be clear, this is my perspective, doesn't make it right, doesn't make it wrong, doesn't make it true, doesn't make it false. It is just making it my perspective.

But one of the reasons from my perspective that people struggle is because they are not willing or open to receive help. It can be because they are in that solitary confinement, thinking they have to do it all on their own or just plain and simple, they don't realize that they need help. They are close down. They are just like unaware. I guess that is what we say. A slip of the wheel. And so, this pertains to you as a person receiving help, being able to move your life forward. But also, when you're going to help others. Understand, even when I am on stage, just kind of a mantra in my mind as well, but I kind of said it in a context with my audiences. Help me, help you because until you are ready to be helped, it doesn't matter what I am going to say. It doesn't matter what brilliant clues I may give you. Have you ever noticed?

You are going to have rude people. Some people are getting it, absorbing it, but just, and other people seem to be like shut down. What is so special about this? What is so special about what you are talking about? And it is not that they are not getting it, they are just not in the space.

So the clue that I want you to really, really get is that willingness to be open. Be willing to help yourself. As what it is the Bible, God helps those who help themselves. Don't expect it to be done for

you. We talked about, going back to one of my interviews with Gregg Montana, and the s-curves, the s-curve, that whole cycle, the chaos modules. And in the chaos modules, you've got the time where you are up and you are high in life, then there is a sliding down and as you are going through that 3, 4, 5, that knowing that's where people tend to get stuck just before going into chaos.

It is because they believe they know it. They believe they don't need help. They are not willing to step outside of themselves, to dis-identify with being shut down in situation, you are not willing to do that to really take a look at what is going on. So if you are a coach, you are seeing this all the time and you know you see people who shut down. So how do you this to help yourself?

Awareness. Awareness ladies and gentlemen. The moment you notice yourself or catch yourself going, "Oh! I know it all or I don't need help," the moment you catch that one and you go, "Oh, look at just where I put myself. I don't need help." This is probably the time I need help the most. And then ask yourself, be willing to check into kind of what is going on in your life. In that moment, and ask yourself, where am I stuck right now? What is it I am banging my head against the wall? And then, who can help me get through this? Who can help me? How do I connect with them? And then, finally, be open to that help. Help me, help you. Because until you are willing to accept the help, like I said, there is nothing we can do.

So I am going to make this a bit of a shorter podcast. I wanted to just get your mind thinking about that. Are you open to allowing others to help you out or are you stuck in that prison of your business? That prison of your life. Self-inflicted solitary confinement. Maybe give yourself some quiet space, reflect, check – one small step at a time.

So for episode number 29, Robert Raymond Riopel for Success Left a Clue. Loving that you are enjoying the podcast. And again, as always, I haven't mentioned it as well, but I am going to, please go to successleftaclue.com. The website is up and running now. You can learn about the Kabuki, you can learn about all the other things that we are doing that is awesome. But I would also love for you to leave a comment on iTunes or however you can listen on Androids. Leave a comment. Let us know what you think of the podcast. And give us a rating. Help us get out to more people. We appreciate it. I appreciate it. That is me allowing you to help me change more lives. So thank you everybody. Have a great night and we'll talk to you on the next podcast.