

TRANSCRIPT

File Name: SLAC_EP_24_Complete

Duration: 00:12:57

[Intro]

Welcome again everybody to Success Left a Clue, Episode #24. Twenty-four! Twenty-four divided by four. That's six months almost! Six months of the podcast. How cool is that? How cool. And just that realization right there ties into what today's lesson is about. And I'm excited about this lesson because I just got back from an amazing five days in Florida doing one of the things that I love to do the most, which is to teach other teachers, train other trainers. I love to train people because the world in my opinion needs teachers, not ones that are held back by a system, a school system but the ones that can actually take their knowledge, take their energy, take their passion and really impart it on to other people.

So I had an amazing room for five very, and when I say full days, I mean very full days of teaching them how to know every technique of how to stand on stage, walk around stage, talk to the audience, design, create all of that. And what we're doing the program also the topic for today's podcast came up and it was like it didn't just come up from one person. Here's a kind of a clue for you. When you get asked the same kind of question more than a few times, you know it's something that's needed to be answered. It's a problem that can be solved. It's a way that you can actually help people. And so, I'm taking shares from the audience and first the question came up from a mother and her concern was "I want to be successful but how can I be successful and without losing the quality time with my children." And that right there was the issue. See a lot of people, they kind of put in that success – I have to work hard for success.

Ladies and gentlemen, let me be clear. For those of you listening to this podcast right now, yes! You are going to have to work hard for success. But unfortunately, the misnomer, the mis-reading of the situation is that success means no time with your family. Success means less time with your family. Success means that your family has to pay a price just for your success. And of course, why do we believe this? We believe it because we see it all over TV. You see it in movies; you see it in television shows; you see it in the soap operas. The successful families are the ones that are always having the issues, going through the divorces, children hate their parents, children want to go into different things. Well, what's interesting is, that happens in unsuccessful families as well. You don't just hear about as much as you do when it happens to a successful family because that's what's hits the news, that's what sells newspapers, that's what sells all those things. So anyway, back to this. So success is going to take work. And for a short period of time as you transition from maybe a job to actually having your own business or following your passion and getting it to make money for you, is there a possibility that there's time when it's going to take a little more effort? Absolutely. Absolutely.

But let's talk long term. Let's go for the long running game. So success does take work. But most people are working harder being broke, miserable, stressed and frustrated. And if you don't think that ties into the family, oh my goodness! GET YOUR HEAD OUT OF THE SAND. Quit being an ostrich burying your head in the sand because look, if you're stressed out about money, if you're out on the work just to pay the bills, when you're with your family, I think you'll agree with me that you're not truly with your family. Your mind is somewhere else; you're thinking about the next hours; you're thinking about the hours you just finished working and so you're there in body but not mind and spirit. And that becomes maybe what most people are fearing is that they won't have quantity time with their family. So what I want to talk about today is quality time. How can you actually focus on having your time, anytime when with you're with a family member, a spouse, a friend, that is quality time because I will guarantee you from my experience from travelling all around the world. Quality time will far outweigh quantity time, anytime.

When the person that you're connected with knows that when you're with them, you're with them; they will feel much more appreciated; they will feel connected. That's where success comes from. So think about this journey. So you have a family going back to this mother that's worried about what if? I mean I don't want my kids to pay for this. And I said, "Well look in the short period time." Yes, you may have to work a little bit harder. So now make sure that you have quality time, anytime with your kids, anytime with your family, anytime with your spouse make sure it is quality. And as you transition, also you're going to find that you're going to go from working 40, 50, 60, 70, 80 hours a week just to get by, dragged out, tired, stressed, tossed and creating the life of your dreams.

Well, so now, you have a little more freedom, a little more flexibility and often you're finding because your family didn't pay because you had quality time, now you actually get to add quantity onto the quality and you have the best of both worlds right there because you've created the habit of that any time you get to spend with them is quality time. Often now, you're taking family vacations together and it's quality time. Now, you're getting to be at home more and it's quality time when you connect with them. This is what I'm talking about. And again, everything I teach I can only go from my experience. You know as we see in every training we do; don't believe a word I say. I can only come from my own experience does not make it right, does not make a wrong, does not make it true, does not make it false; it just makes it my experience.

And so, from my experience, I went from working open to close 7 days a week with my wife in our Domino's Pizza and going into debt, being stressed out, tossed in reality today. I'm living my passion, travelling around the world, impacting people's lives, getting to listen to and hear and read the testimonials. People coming up to me telling how I have, a word I said, a way I held a space, whatever it was how it changed their life. And in the same time, I've designed a reality where I can be at home six months out of the year. Yes, ladies and gentlemen, you heard that correct. I've designed the reality where I can be home six months out of the year.

Now, of course, there's times when I still want to do work while I'm at home, I'm doing other projects while I'm at home because I'm following my passion. But if my wife and I want to go camping for a month, we do. If we have a family member that needs us to spend time with them, we can. Look, as I'm recording this podcast right now, I'm not at home. I'm with family because they are in need. And so, I'm there to be able to be present with them, quality time with them and I'm able to sit there and go, "Well, how long can you be here?" "Whatever it takes." I've got an event coming up in just over a week. So if things aren't up to health where they need to be, I'll travel back for a few days, take care of that and then I've got another couple weeks I can be here.

We've created the reality to be able to have that. And how many people can't? They just don't have the ability because they're afraid to truly go for what they want. I'm going to tell you ladies and gentlemen, I told you in the other podcast but I'm going to say it again, "Dream and dream big and be willing then to find someone to mentor or model from then take that action one step at a time so that you can create the reality you want." Celebrate the successes along the way. Believe in yourself along the way. And you keep doing that again and again and again and anything that you think that you want in your life, you can bring to that reality. So it was amazing while I'm at this event because it started with this mother asking about it but then it because she had shared and she was willing to be vulnerable and vulnerability is not weakness. Vulnerability is strength.

Case in point because she had the willingness to stand up and share this fear, share this doubt, share what was going on in her mind of what was holding her back from truly stepping into her greatness and wanting to teach people. Often, it hit with other people in the audience, and her vulnerability gave them permission to actually ask the questions for their life to actually step into it, to show a little vulnerability, and that's where true transformation come from. It was awesome. It was absolutely phenomenal. And so, when I got that and listening come up again, I made a mental note to myself or no, I faltered on my own clues. I wrote it down and I put title for podcast, Quality Time because that's how you get successful. Get in that habit of quality time and even if you're busy, busy, busy, that's what people expect from you because they know that's what you do. I'm hoping this makes sense. I know I went into this one really quick and I kind of probably talking a little bit faster than I normally do, but it just, it's so important to understand. So what I want you to do is I want you to actually make a little declaration to yourself that you will commit to yourself and to your family and to your friends that you will start to spend quality time when you're with them.

Start getting in the habit of being connected with them, truly being present right there. Even if other things are going on in your head, take a deep breath, let it go to the side for a moment and come back to being with the people in your life and watch how much more they will appreciate you. Watch how much more you will appreciate you and what that will also do is provide the space for being successful. Where when you've got to step up to the plate and work some long hours, you got to put that nose to the grindstone and really pound it out, they'll be there behind you, assisting, supporting because they appreciate everything you do.

Only come from my experience, that's all I can do. So again, Episode #24, Success Left a Clue. This is Robert Raymond Riopel. Always live with passion. Until our next podcast. Have an awesome, awesome day. Thanks everyone.

[Outro]